

# Parental education about prevention of substance use among children of X-addicts

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## The problem

- 1– One parent or both present to services with the direct concern that their child may follow in the foot steps of his/ her X– addict parent.
- 2– Parents present with their worries that their child is hyperactive, has scholastic , social or behavioral problems with/ without verbalizing concerns that the child may later become an addict and take after a family member.



## The opportunity

- 1– Management of underlying conditions ex. ADHD, Depression or anxiety.
- 2– Addressing scholastic, social and behavioral problems.
- 3– Family interventions addressing issues like avoiding harsh discipline, unifying parental messages and dealing with parental discord.
- 4– Specific parental education about substance use prevention tips: monitoring friends, money expenditure, observing curfews and establishing the male or cool identity as unrelated to substance use plus education about saying NO.