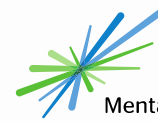




THE UNIVERSITY  
OF BRITISH COLUMBIA



Mental Health  
Commission  
of Canada

Commission de  
la santé mentale  
du Canada

# SPEAKER BIOGRAPHIES

8<sup>th</sup> Annual E-Mental Health Conference

*New generations, new services*

February 1-2, 2019

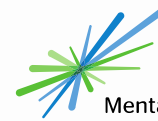
#EMH2019

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Health  
Canada

Santé  
Canada



## KEYNOTE SPEAKERS

### Maree Teesson

*Professor and Director of The Matilda Centre for Research in Mental Health and Substance Use, Director of the NHMRC Centre of Research Excellence in Prevention and Early Intervention in Mental Illness and Substance Use (PREMISE)*

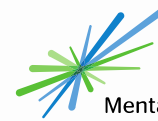
Maree Teesson is Professor and Director of The Matilda Centre for Research in Mental Health and Substance Use, Director of the NHMRC Centre of Research Excellence in Prevention and Early Intervention in Mental Illness and Substance Use (PREMISE) and NHMRC Principal Research Fellow at The University of Sydney. Maree was announced as a Companion of the Order of Australia in the Australia Day 2018 Honours List. She is also a Fellow of the Australian Academy of Health and Medical Sciences and the Australian Academy of Social Sciences, a National Mental Health Commissioner and Member, National Health and Medical Research Council. She is also a founding member of The MHS Management Committee since 1991.

Maree's vision is to build the world's leading dedicated translational research program for the prevention and treatment of co-occurring mental health and substance use problems. She seeks to increase our understanding of substance use and mental health problems, prevent these where possible and improve treatment responses.

### Tom Insel

*Co-Founder and President of Mindstrong Health, Former Director of the National Institute of Mental Health (NIMH)*

Thomas R. Insel, MD, a psychiatrist and neuroscientist, is a co-founder and President of Mindstrong Health. From 2002-2015, Dr. Insel served as Director of the National Institute of Mental Health (NIMH), the component of the National Institutes of Health (NIH) committed to research on mental disorders. Prior to serving as NIMH Director, Dr. Insel was Professor of Psychiatry at Emory University where he was founding director of the Center for Behavioral Neuroscience in Atlanta. Most recently (2015 – 2017), he led the Mental Health Team at Verily (formerly Google Life Sciences) in South San Francisco, CA. Dr. Insel is a member of the National Academy of Medicine and has received numerous national and international awards including honorary degrees in the U.S. and Europe.



## SPEAKER BIOGRAPHIES

### **Funmilade Adeniyi-Taiwo**

*Person with Lived Experience, Stella's Place*

Funmilade Taiwo is the founder of PsyndUp, an online platform that connects Nigerians to mental health professionals and provides informal peer support through an anonymous online forum. Funmilade has worked with NGOs and private organizations and through his own personal journey, has continued to promote mental health awareness amongst Africans in the diaspora. Funmilade is currently an online peer supporter at Stella's Place, working to develop and support online platforms for young adults to manage their mental health recovery.

### **Paul Blackburn**

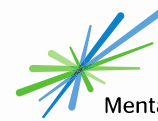
*Clinical Instructor, Department of Psychiatry, University of British Columbia*

Dr. Blackburn is a Clinical Instructor in geriatric psychiatry at UBC and former board member and chair of the Education Committee for the Canadian Academy of Geriatric Psychiatry. He has a passion for education and completed his Post-Master's Certificate in Evidence-Based Teaching in the Health Professions at Johns Hopkins University. He has a mixed clinical practice working in tertiary older adult mental health, electroconvulsive therapy and the Geriatric Psychiatry Outreach Team.

### **Louise Bradley**

*President & CEO, Mental Health Commission of Canada*

Louise Bradley has dedicated her professional life to improving the mental health of Canadians. Ms. Bradley's own personal experience with recovery has informed a leadership style that is both compassionate and courageous. Ms. Bradley has inspired improved patient care through large-scale hospital administration and pioneered recovery within a forensics and corrections setting. She is currently the President and CEO of the Mental Health Commission of Canada (MHCC).



## Fiona Choi

*Research Associate, Department of Psychiatry, University of British Columbia*

Fiona received her PhD in Neuroscience from the University of British Columbia with a focus on preclinical models of addiction. She is currently a Research Associate at the Institute of Mental Health in the Department of Psychiatry at UBC. Her research explores factors associated with substance use disorders, trauma, and related psychopathology. She is also involved in the development of an integrated mental health web platform for vulnerable youth, utilizing e-health tools to strengthen mental wellbeing.

## Peter Cornish

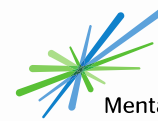
*Associate Professor and former Director of the Student Wellness and Counselling Centre (SWCC) at Memorial University of Newfoundland*

Dr. Peter Cornish is an Associate Professor and former Director of the Student Wellness and Counselling Centre (SWCC) at Memorial University of Newfoundland. He is enjoying an 18-month sabbatical after serving in the Director position since 2003. The SWCC is an academic and service unit with a focus on interprofessional wellness programming, training and research. Programming includes primary medical care, psychiatric consultation, counselling and a wide range of other mental health supports and programs, healthy campus development activities, academic teaching and training in the faculties of Medicine and Science. His clinical and research interests include online mental health, stepped care programming, mental health service innovations, change management, interprofessional team functioning and group dynamics. Over the past 4 years he has provided consultation and on-site training on his stepped care model to 142 institutions across North America.

## Joanna Henderson

*Director of the Margaret and Wallace McCain Centre for Child, Youth & Family Mental Health at the Centre for Addiction and Mental Health and Executive Director of Youth Wellness Hubs Ontario*

Dr. Henderson's research aims to improve access to high quality services for youth with mental health and substance use problems and their families. Currently, Dr. Henderson leads a number of projects that aim to improve youth access to services through building and supporting collaborative models of service delivery and youth engagement in system and service planning.



## Lillian Hung

*Adjunct Professor, School of Nursing, Faculty of Applied Science, UBC*

Dr. Hung's research focuses on examining how the environment (e.g., technology, physical design and social aspects) may impact the care experiences of persons with dementia. To innovate and improve dementia care, she uses a range of methods to find innovative solutions to address clinical problems in care facilities and acute hospitals. In her Ph.D dissertation, she used an appreciative inquiry action research approach to engage staff, leaders, patients, and families to co-create changes for patients with dementia.

## Damian Jankowicz

*VP, Information Management, Chief Information Officer & Chief Privacy Officer, Centre for Addiction and Mental Health*

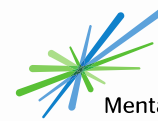
Dr. Damian Jankowicz is responsible for all aspects of information management and technology at CAMH, as the leader of CAMH's Information Management Group. Through partnerships with clinicians, researchers and educators, his group leverages technology and information to enrich CAMH's mission to transform lives. His priorities include fostering a data culture that drives decision-making, advancing CAMH's leading electronic health record system, applying the power of computational methods to enrich research, supporting a safe and smart hospital redevelopment, and innovating for patient engagement.

A PhD graduate of McMaster University, where he specialized in computational modelling, Dr. Jankowicz brings veteran IT leadership experience from within CAMH and from the Ontario hospital sector.

## Alexia Jaouich

*Director of Implementation and Innovation in the Provincial System Support Program (PSSP), Centre for Addiction and Mental Health*

Dr. Alexia Jaouich, Ph. D. is the Director of Implementation and Innovation in the Provincial System Support Program (PSSP) at the Centre for Addiction and Mental Health, an intermediary with expertise in implementation, knowledge exchange, evaluation and engagement. Alexia is a psychologist with extensive clinical and program implementation experience in the mental health field and addictions.



## Michael Krausz

*University of British Columbia-Providence Health Care Leadership Chair of Addiction Research*

Dr. Michael Krausz is originally from Hamburg, Germany, where he was trained at the University Medical Center Hamburg-Eppendorf. Following his training, he worked in three different clinical and research positions in general psychiatry.

He was Editor-In-Chief of two well-established scientific journals; *Suchttherapie* and *European Addiction Research* respectively. He has also published more than 300 scientific papers to date.

Dr. Krausz is a founding member of the International Society of Addiction Medicine (ISAM) and is currently serving on the boards of the Section of Addiction and the Section of Public Policy for the World Psychiatric Association. Michael relocated permanently to the Vancouver area in 2007 and became a professor of psychiatry and the University of British Columbia (UBC) as well as the LEEF Chair in Addiction Research at the Institute of Mental Health at UBC.

## Myriam Lecousy

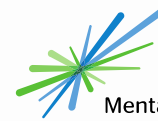
*Founder and CEO of NIGHTLINE*

Myriam founded the “Exprime-toi” program, which educates her fellow students about mental health issues and offers them support. Myriam is now a youth council member of the MHCC and is a LGBTQ2+ advocate. She graduated from McGill University in Psychology and Behavioural Science and has since started a master in Rehabilitation Sciences at Université de Montréal. She is the founder of Nightline Space, a non-profit organization that aims at developing and implementing peer support hotlines in every post-secondary institution across Canada. Myriam's vision includes bringing the community closer together and making support more accessible.

## Andrea Levinson

*Psychiatrist-in-chief, Health and Wellness, University of Toronto*

Dr. Andrea Levinson is the psychiatrist-in-chief, health and wellness, at the University of Toronto. She is responsible for the provision and management of psychiatric services to U of T students, primarily from the St. George campus. She supervises all of the psychiatric activity at the service and acts as a resource for the university community on mental health issues across the campus. Levinson has been an active faculty member in the department of psychiatry since 2007. She has extensive experience in youth psychiatry, having founded an early intervention clinic at CAMH for young people with new onset bipolar disorder. Currently, she is a staff psychiatrist at CAMH.



## Mohammadali Nikoo

*MD, PhD Candidate in Experimental Medicine, UBC*

Mohammadali Nikoo is a medical graduate from Tehran University of Medical Sciences and he is currently a graduate student in psychiatry field supervised by professor Michael Krausz. His thesis is a clinical trial comparing opium tincture and methadone for maintenance treatment of opioid use disorder. His main research interests are public health, vulnerable populations, substance use and concurrent disorders, children and adolescent psychiatry and traumatic brain injury and his passion is to improve the health and well-being of the society as a whole with special focus on more vulnerable populations.

## Laura Ospina Pinillos

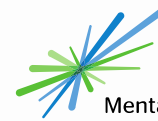
*Psychiatrist, PhD Candidate and Research Fellow, The University of Sydney*

Dr Laura Ospina Pinillos is a psychiatrist with a special interest in child, adolescent and family psychiatry. In 2011 she became a consultant psychiatrist in Colombia (similar to FRANZCP) and from 2012-2013 she studied family therapy in Turin- Italy. Dr Ospina Pinillos is currently a PhD candidate and research fellow at the Brain and Mind Centre. During her time in this Centre Dr Ospina Pinillos has been actively involved in the design, research and development of several technological solutions to better assist young people to manage their mental health and wellbeing. Her PhD focuses on the developing a Mental Health eClinic for Spanish-speaking young people and she has focuses her efforts on bringing these innovative systems to Colombia and the developing world. This work places her as a pioneer of the adaptation of mental health etools into Spanish and has built on her previous work in the development, validation and cultural adaptation of scales and tests to Spanish and Colombia. In the past two years she has been instrumental in the development collaborative research partnerships between Australian and Colombian researchers.

## Alicia Raimundo

*Project Coordinator, Foundry*

Alicia is working to empower young people to overcome mental health stigma and to create treatments that are accessible and fun. Inspired by their own struggles with mental illness, they have helped create a ton of projects including BeanBagChat, ACCESS Open Minds, Frayme and many more. They have shared their story on numerous stages including at the United Nations Headquarters, the Federal Standing Committee on the Status of Women, TEDxWaterloo and One Young World. Alicia has also written a book aimed at schools to educate young people on suicide, writes for The Mighty, and was recently featured in Vanity Fair with Cher.



## **Damon Ramsey**

*Founder and President of InputHealth*

Dr. Damon Ramsey is the founder and president of InputHealth. Since 2012, InputHealth has made remarkable strides in the digital health landscape globally. While working full-time as an entrepreneur, Damon has amazingly maintained an active medical practice treating marginalized patients across Vancouver. He is also clinical associate faculty for the UBC Family Medicine Department, as well as active staff at St Paul's Hospital.

## **Jacqueline Relihan**

*Centre for Addiction and Mental Health Youth Engagement Team*

## **Gillian Strudwick**

*Scientist, Centre for Addiction and Mental Health*

Gillian Strudwick RN PhD is a Scientist at the Centre for Addiction and Mental Health in Toronto. She is also an Assistant Professor (status) at the Institute of Health Policy, Management and Evaluation at the University of Toronto. She is a mental health nurse.

## **Daniel Vigo**

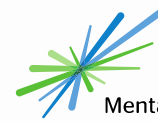
*Assistant Professor at Simon Fraser University and Lecturer at Harvard Medical School*

After obtaining a Bachelor's/Master's degree in Psychology, an MD, and a Specialization in Psychiatry, Dr. Daniel Vigo worked in clinical, research, teaching, and leadership positions across sectors (public hospitals, NGOs, and for-profit organizations). He developed the first Assertive Community Treatment Department in Argentina, a collaboration between Proyecto Suma, King's College (UK) and Columbia University (US). He has published several peer-reviewed articles, book chapters, and reports on diverse mental health issues. He obtained his Doctorate at Harvard, where he focused on mental health, specifically burden of disease estimation, service improvement, and health systems assessment. He is a Lecturer at Harvard Medical School, an Advisor to PAHO and to the Lancet Commission on NCDs and Injuries for the poorest billion, a member of the World Mental Health Surveys Initiative (WHO and Harvard Medical School) and holds a clinical and research appointment at St Paul's Hospital/UBC.





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## David Wiljer

*Associate Professor of Psychology, University of Toronto, and Executive Director, Education, Technology & Innovation, University Health Network*

His work focuses on patient and health professions education, specifically patient involvement, digitally enabled education and life-long learning. He has explored the development of large programs, infrastructure, communities, and research initiatives that involve health professionals, patients and families in new approaches to education and care delivery, including patient portals for providing patients with access to their health records and social networking approaches to promote self-management and self-care. Dr. David Wiljer is a member of the community providing ground-breaking perspectives and inspiring contributions to digital health policy, management, education and evaluation. He is the Executive Director of Education, Technology & Innovation at the University Health Network, and former Senior Director of Transformational Education and Academic Advancement at CAMH. David is also an Associate Professor in the Department of Psychiatry, Faculty of Medicine and the Institute of Health Policy Management and Evaluation at the University of Toronto. He is a former President of the American Association of Cancer Education and was the founding Chair of a national working group, the Canadian Committee for Patient Accessible Electronic Health Records (CCPAEHR), dedicated to involving patients in their EH. He was also an inaugural Associate Director of the Centre for Health, Wellness and Cancer Survivorship at the Princess Margaret Cancer Program at the University Health Network.