

The Addictions and Concurrent Disorders Group of
the Centre for Health Evaluation and Outcome Sciences presents:

4th Annual e-Mental Health Conference:



From Telemedicine to
**VIRTUAL
MENTAL HEALTH**

January 17-18, 2015

Child & Family Research Institute
Chan Auditorium/Chieng Atrium
950 West 28th Avenue, Vancouver, BC Canada

Join the conversation on twitter: #EMH2015 @ACDRResearch @CHEOSNews @WalkAlong

Please fill out an evaluation form at the end of the conference – forms are available and can be submitted to the registration desk upon completion.

Your feedback (always anonymous) is greatly appreciated and helps us plan future events more effectively.

Visit our event page for speaker bios, abstracts and more:

<http://www.cheos.ubc.ca/events/e-mental-health-conference-2015/>

For more information on the ACDResearch Group's work visit:

<http://www.cheos.ubc.ca/our-research/addictions-concurrent-disorders/>

Video footage of the presentations can be found on our YouTube channel:

<https://www.youtube.com/user/mkrauszCHEOS>

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the Mental Health Commission of Canada (MHCC)



Thanks for our partners for their support:



Institute of
Mental Health



PROVIDENCE HEALTH CARE
Research Institute



Saturday, January 17

8:30 - 9:00 Registration

I. Provisions for the future of EMH (Chair: Michael Krausz)

- 9:00 - 9:15 **Opening & First Nations Welcome**
Michael Krausz (Vancouver, Canada)
- 9:15 - 9:30 **Modified Health Hackathon Introduction**
InputHealth (Vancouver, Canada)
- 9:30 - 10:00 **Research and Development - Taking Responsibility for the Future of Healthcare**
Michael Krausz & Kendall Ho (Vancouver, Canada)
- 10:00 - 10:30 **Enabling the Transition from Telemedicine to e-Mental Health**
Matthew Chow (Vancouver, Canada)

10:30 - 10:45 Break & Discussion (15 min)

- 10:45 - 11:15 **Personal Health Records: The Patient Perspective**
Aidan Scott (Vancouver, Canada)
- 11:15 - 11:45 **Development of the Kelty Online Therapy Service at Vancouver Coastal Health: Using Technology to Increase Capacity, Ease Transitions, and Provide Family Support**
Christine Korol (Vancouver, Canada)

11:45 - 12:45 Lunch (1 hour)

II. Essential Solutions: Existing Approaches (Chair: Kendall Ho)

- 12:45 - 1:15 **STRESSLR - An Online Resource to Help Kids Learn About and Manage Stress**
Connie Coniglio, Meredith Woernke (Vancouver, Canada)
- 1:15 - 1:45 **Integrated Web Solutions for Mood Challenges - WalkAlong.ca**
Nicole Gehring (Vancouver, Canada)
- 1:45 - 2:15 **BoosterBuddy - End Users Bring a Vision to Life**
Lauren Fox, Sara Gillis (Victoria, Canada)

2:15 - 2:30 Break & Discussion (15 min)

- 2:30 - 3:00 **Breaking the Ice - Internet Approach Addressing Stimulant Use**
Frances Kay-Lambkin (Newcastle, Australia)
- 3:00 - 3:30 **International Experiences of Successful Web-Based Healthcare Delivery**
Kathleen Griffiths (Canberra, Australia)
- 3:30 - 4:00 **Modified Health Hackathon Presentation**
InputHealth (Vancouver, Canada)
- 4:00 - 4:15 **A word from the MHCC**
Jennifer Vornbrock (Ontario, Canada)

Sunday, January 18

8:30 - 9:00 Registration

III. Assessment & Medical Records (Chair: Damon Ramsey)

- 9:00 - 9:30 **Bariatric Apps: An Evaluation of the Information Quality**
Melvyn Zhang Weibin (Singapore)
- 9:30 - 10:00 **Implementation of Internet Applications in a General Hospital Setting: Singapore Perspectives**
Christopher Cheok (Singapore)
- 10:00 - 10:30 **EMR Strategies in BC - Learnings and Perspectives**
Tyler Black (Vancouver, Canada)

10:30 - 10:45 Break (15 min)

- 10:45 - 11:15 **Integration of WalkAlong.ca and the LifeChart into Lived Experience**
Rich Gill (Vancouver, Canada)
- 11:15 - 11:45 **Engagement via eHealth, mHealth and Digital Health**
Kendall Ho (Vancouver, Canada)
- 11:45 - 12:15 **Internet and Medcentre Based Pharmacy - Innovation in Pharmaceutical Services**
Sunny Lalli & Kenneth Lee (Vancouver, Canada)

12:15 - 1:15 Lunch (1 hour)

IV. Virtual Mental Health Clinic 2.0 (Chair: Matthew Chow)

- 1:15 - 2:00 **From Lifestyle Mentoring to Mental Health Care and Integrated Systems for Improved Student Mental Health**
Michael Krausz (Vancouver, Canada)
- 2:00 - 2:45 **Counselling Online - the Lowdown**
Anil Thapliyal (Auckland, New Zealand)

2:45 - 3:00 Break & Discussion (15 min)

- 3:00 - 3:30 **If You Build it, Will They Come? Opening Access to a Bipolar Virtual Wellness Centre**
Erin Michalak (Vancouver, Canada)
- 3:30 - 4:00 **eVisits: A New Frontier for Health Care Delivery**
Damon Ramsey (Vancouver, Canada)
- 4:00 - 4:15 **The Last Word**
Michael Krausz (Vancouver, Canada)

End of the Conference - Thank you for participating!