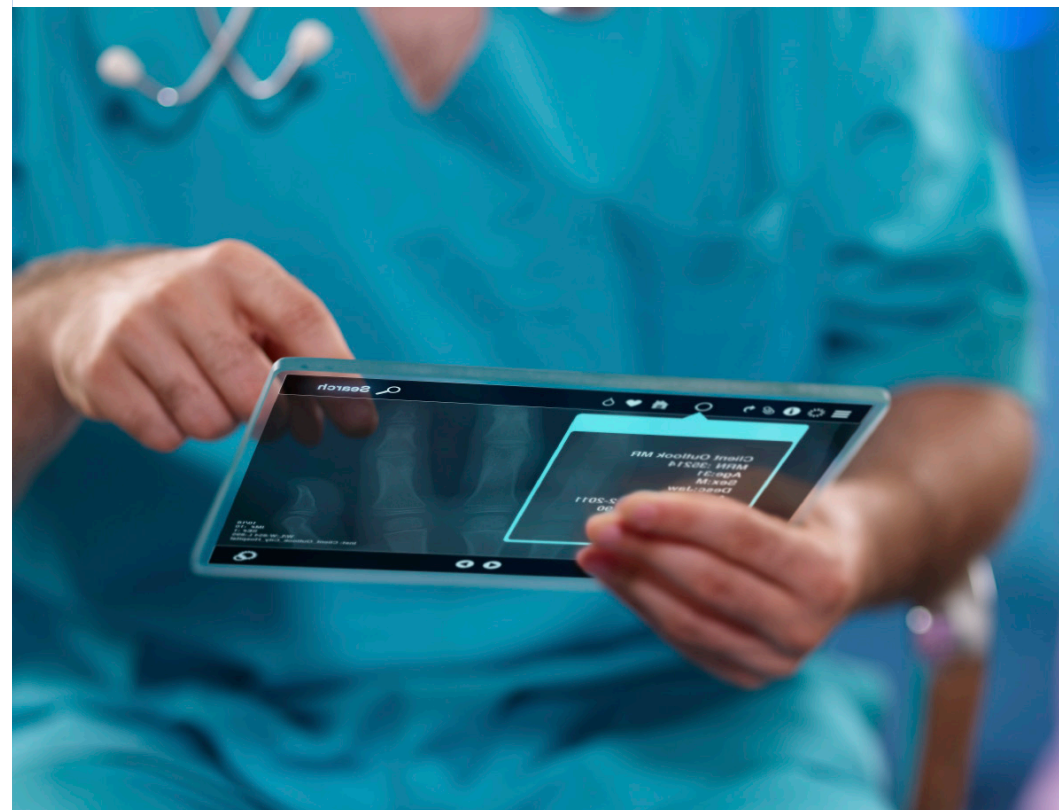


The Addictions and Concurrent Disorders Group of
the Centre for Health Evaluation and Outcome Sciences presents:

Broadening the Scope:



Please fill out an evaluation form at the end of the conference—forms are available and can be submitted to the registration desk upon completion.

Your feedback (always anonymous) is greatly appreciated and helps us plan future events more effectively.

Visit our event page for this conference:

<http://www.cheos.ubc.ca/events/e-mental-health-conference-2013/>

For more information on other events, please visit

<http://www.cheos.ubc.ca/our-research/addictions-concurrent-disorders/>.

Generous funding provided by:
Mental Health Commission of Canada
(MHCC)



Thanks to our partners for their support:



E-Mental Health Conference 2013 Program

December 9-10, 2013

Child & Family Research Institute
Chan Auditorium/Chieng Atrium
950 West 28th Avenue, Vancouver, BC, Canada

Join the conversation on social media: @ACDRResearch @CHEOSNews @WalkAlong #EMH2013

Monday, December 9

8:00 – 8:30

Registration

I. Broadening the Scope (Chair: Michael Krausz)

- 8:30 – 9:00 **Broadening the Scope: E-Mental Health Beyond the Usual**
Michael Krausz (Vancouver, Canada)
- 9:00 – 9:50 **Silencing Voices: Computer-Assisted Therapy for Persecutory Auditory Hallucinations**
Julian Leff (London, England)
- 9:50 – 10:25 **Video Games for Health: When, Why and How**
Dwayne Hammond (Sault Ste. Marie, Canada)

10:25 – 10:45 Break (20 min)

- 10:45 – 11:20 **Bringing Therapeutic Applications of Virtual Reality into Uncharted Territories: The Cases of Social Anxiety, OCD and Generalized Anxiety Disorder**
Stephane Bouchard (Gatineau, Canada)
- 11:20 – 11:55 **The BiQoL Project: Using Integrated-KT Methods to Develop a Web-Based Quality of Life Assessment in Bipolar Disorder**
Erin Michalak & Sally McBride (Vancouver, Canada)
- 11:55 – 12:20 **E-Mental Health in Canada: Transforming the System Using Technology (Mental Health Commission of Canada)**
Cameron Keller (Vancouver, Canada)

12:20 – 1:15 Lunch (55 min)

II. The Earlier the Better (Chair: Stephane Bouchard)

- 1:15 – 1:50 **Inspiration or Impairment: Computer Use and Its Influence on Childhood and Adolescents' Development**
Don Krug (Vancouver, Canada)
- 1:50 – 2:25 **MindCheck.ca: Reaching Youth and Young Adults Through Innovation**
Connie Coniglio (Vancouver, Canada)

2:25 – 2:45 Break (20 min)

- 2:45 – 3:20 **Usage of Social Media and Smartphone Application in Assessment of Physical and Psychological Well-being in Individuals in Times of Major Air Pollution Crisis**
Roger Ho and Melvyn Weibin Zhang (Singapore, Singapore)
- 3:20 – 3:55 **Schools as a Starting Point for Early Detection and Intervention**
Chris Richardson (Vancouver, Canada)

4:00 **End of Day One**

Tuesday, December 10

8:00 – 8:30

Registration

III. Integrating Needs (Chair: Kendall Ho)

- 8:30 – 9:30 **WalkAlong Tour — Developing an Empowering Site for Youth with Emotional Challenges**
Michael Krausz and Greg Werker (Vancouver, Canada)
- 9:30 – 10:05 **DrugCocktails.ca Website: Facts For Youth About Mixing Medicine, Booze and Street Drugs**
Dean Elbe and Sabrina Gill (Vancouver, Canada)

10:05 – 10:25 Break (20 min)

- 10:25 – 11:25 **E-Hub: From Information Sharing to a Virtual Clinic**
Kathleen Griffiths (Canberra, Australia)
- 11:25 – 12:25 **Podium on the Future of E-Mental Health Research and Development**
Kathleen Griffiths, Kendall Ho, Lakshmi Yatham, Heather Hadjistavropoulos, Michael Krausz, Izzie Thompson

12:25 – 1:45 Lunch (80 min)

Student Forum on Virtual Reality
(led by Claudie Loranger, starts at 12:45)

IV. Making it Possible (Chair: Lakshmi Yatham)

- 1:45 – 2:20 **Co-creation with TickiT: Design and Evaluation of a Clinical eHealth Platform**
Daniel Penn (Vancouver, Canada)
- 2:20 – 2:55 **Experiences from Australia**
Kathleen Griffiths (Canberra, Australia)

2:55 – 3:15 Break (20 min)

- 3:15 – 3:50 **From Research to Clinical Practice: Bringing Internet Cognitive Behaviour Therapy to Saskatchewan**
Heather Hadjistavropoulos (Regina, Canada)
- 3:50 – 4:25 **Health E-Apps: Engaging the Public in Mobile Health for Wellness**
Kendall Ho (Vancouver, Canada)

4:30 **End of Day Two**