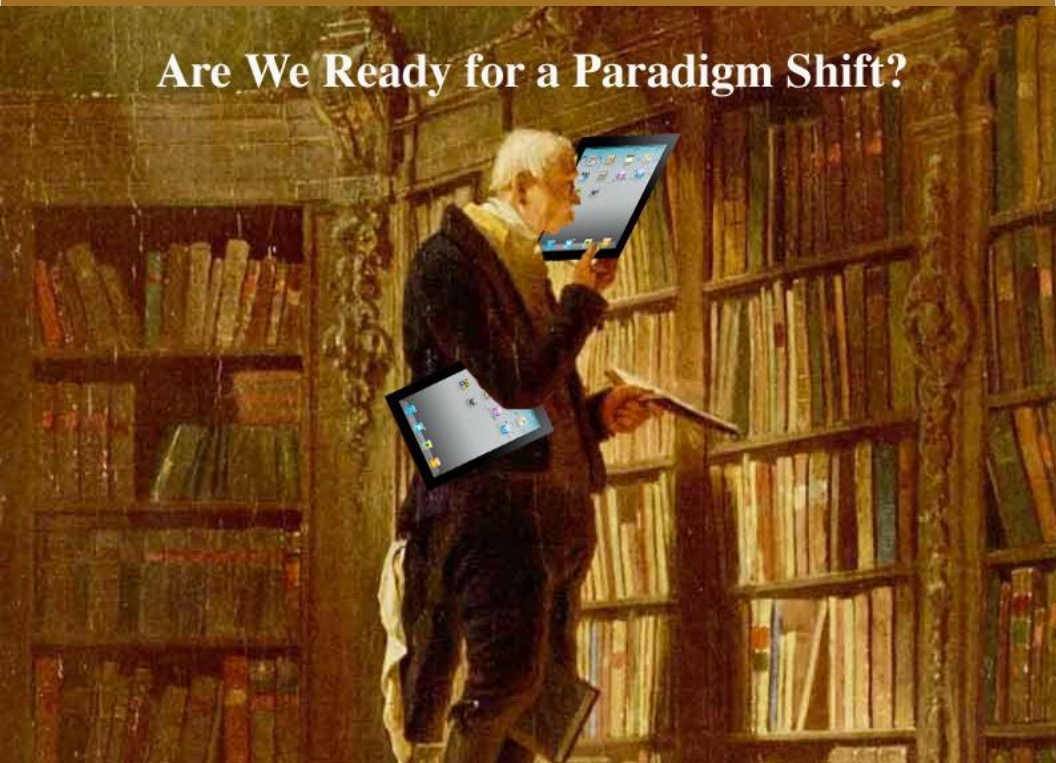


Are We Ready for a Paradigm Shift?



E-MENTAL HEALTH CONFERENCE

December 10 - 11, 2012

Child & Family Research Institute
Chan Auditorium/Chieng Atrium
950 West 28th Avenue, Vancouver BC, Canada

Presented by:



DAY 1

8:30 – 9:00 Registration

- 9:00 – 9:15 Welcome from Kendall Ho, eHealth Strategy Office, UBC
Welcome from Michael Krausz, Institute of Mental Health, UBC

Cutting Edge Developments in E-Mental Health

Chair: Michael Krausz

- 9:15 – 9:45 **A National E-Mental Health Strategy - The Australian Example**
Kathy Griffiths (Canberra, Australia)
- 9:45 – 10:15 **Preparing for a Paradigm Shift - The Web and Social Media in the Treatment of Mental Illness in Canada**
Michael Krausz (Vancouver, Canada)
- 10:15 – 10:45 **Expert System-Based Cognitive Behavioral Treatment (CBT)**
Mario Weiss (Hamburg, Germany) and Bjorn Meyer (Hamburg, Germany) - Skype

10:45 – 11:00 Coffee Break

- 11:00 – 11:30 **Leveraging Mobile Technologies for Mental Health**
Kendall Ho (Vancouver, Canada)
- 11:30 – 12:00 **Panel: Bottom Up or Top Down? Do We Need a Provincial or National Strategy for the Web in the Care of The Mentally Ill?**
Michael Krausz, Jeff Coleman, Lakshmi Yatham, Kathy Griffiths

12:00 - 1:15 Lunch Break

- 1:15 - 1:45 **Mood Gym - From Classroom to the Community: Improving Mental Health Through Online Self-Help**
Kathy Griffiths (Canberra, Australia)
- 1:45 - 2:15 **Websites for Youth Mental Health in Canada - Trends and Visions**
Allison Laing & Saddichha Sahoo (Vancouver, Canada)

2:15 - 2:30 Coffee Break

- 2:30 - 3:00 **E-Mental Health and Telemedicine in Rural British Columbia**
Matthew Chow (Vancouver, Canada)
- 3:00 - 3:30 **Discussion**

End of Day 1

DAY 2

8:30 – 9:00 Registration

Addiction Treatment Online

Chairs: Christian Schütz & Lakshmi Yatham

9:00 – 9:30 **Keynote: Online Substance Use Prevention**

Sarah Lord (Lebanon, USA)

9:30 - 10:00 **Predicting Post-Partum Drug Use With a Dynamic Measure of State Motivation Change During a Single Computer Delivered Brief Intervention Session**

Steven Ondersma - Skype (Detroit, USA)

10:00 - 10:30 **E-Mental Health in Addiction Care: Experiences and Outcomes From The Netherlands**

Matthijs Blanker - Skype (Netherlands)

10:30 - 10:45 Coffee Break

10:45 - 11:15 **Brief Interventions for Problem Drinkers**

John Cunningham (Toronto, Canada)

11:45 - 12:15 **Smoking Cessation Online**

Christian Schütz (Vancouver, Canada)

12:15 - 1:15 Lunch Break

Possible Impacts on Youth Mental Health

Chairs: David Vogt, Majid Al Desouki

1:15 - 1:45 **The Shamanistic Potentials of Mobile Engagement**

David Vogt, Magic Labs UBC (Vancouver, Canada)

1:45 - 2:15 **Street Entrenched Youth - Living with Personal Digital Artifacts**

Jill Palzkill Woelfer (Seattle, USA)

2:15 - 2:30 Coffee Break

2:30 - 3:00 **Screening for Risk in Adolescence - Exploring the Potential for Integrating Early Intervention into Surveillance**

Chris Richardson (Vancouver, Canada)

3:00 - 3:30 **Youth IMPACT Project - Evolution of Assessment**

Majid Al Desouki (Vancouver, Canada)

3:30 - 4:00 **Discussion and a Way Forward With Closing Remarks by Yasmin Jetha**

End of Event